



Touch With Oils® ... a language of no words

April 14: Aromatherapy Touch With Oils®

Aromatherapy's two main attributes are the instant ability to relieve stress and support a healthy immune system. Join us to learn about true Aromatherapy and why essential oils serve us as microcosms of holistic medicine. This is why it is a fast growing field in integrative therapy and medical care. Experience your own nose-brain connection while learning the entrainment process. Then learn the Touch With Oils® Hand Massage to experience this. It can be used as a stand-alone treatment or to enrich any therapeutic modality. This gentle technique shows the synergistic powers of touch and smell while balancing the autonomic nervous system and giving the mind and body a deep quiet rest. Oils for class included. *Please bring a pillow and towel for the hand massage exchanges.*

April 15 : Integrate Aromatherapy into Your Practice

Join us to learn how to incorporate true Aromatherapy and pure essential oils into your practice as integrative therapy. Understand the sacred synergy that is created when Aromatherapy is added to another therapy modality. Experience how Aromatherapy works through the nose-brain connection and skin absorption, as you learn the benefits and safety precautions for your practice. Essential oils demand that we honor the individuality in each of us. The entrainment that is created between smell, thought, memory and emotion ... effects the physical and nonphysical properties of our whole sense of well being. Oils for class included.

Date: April 14 & April 15, 2012 **6 CEU's each day** **Time:** 9am to 4:00pm

Place: University of Richmond – School of Continuing Studies. Richmond, VA.

Fee: \$199.00 each day or take both days and save \$10.00

Register at: <http://scs.richmond.edu/schedules-catalogs/think-again/schedule-massage.html>
or call (804) 289-8133



Candace Newman MAT, LMT, The Oil Lady® ... holds a Master of Arts in Teaching and is a Licensed Massage Therapist #MA0014389. Her Aromatherapy training and certificates are from Purdue University and leading Aromatherapists in Canada, England, France, and Germany. One of the authors of The World of Aromatherapy, she has contributed many articles to national and international publications. Two of her classes are on DVD. Candace is owner of Oil Lady Aromatherapy® LLC with her husband, John, is founder of the Touch With Oils® Aromatherapy work, and The Good Medicine Tin®. Candace writes a monthly newsletter and Aromatherapy Guide Series.



Candace J. Newman is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. Provider # 451025-09. Class is also CE hrs for Florida CE Broker.

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