



Touch With Oils® ... a language of no words

OLA Four Body & Face Massage Blends



These proprietary formulas make up our four Oil Lady Aromatherapy® (OLA) massage blends, developed by Candace over 20 years of private practice. They contain genuine & pure essential oils gathered from around the world, blended in 100% Organic Golden Jojoba. *Chart on website.*

- Soother:** Cedar wood, Geranium, Patchouli, Orange & Ylang Ylang
- Balancer:** Lavender, Orange, Peppermint & Roman Chamomile
- Stimulator:** Eucalyptus, Cypress, Lemon, Lavender & Rosemary
- Comforter:** Lavender, Rose otto & Frankincense

Use for massage, body & face oils, bath and after shower oils. Organic Golden Jojoba is a liquid wax, full of antioxidants and nutrition for the skin.

The way to health is to have an aromatic bath and scented massage every day. Hippocrates

Pleasant smells can contribute to the well being of humans. Aristotle

Our Story

The Oil Lady®

Candace Newman evolved into *The Oil Lady®* in the early 1990's when the adventure of health challenges forced her to leave a lucrative position as Executive VP of a real estate company. After tradition medical routes, Candace began the search for a way to regain her life and spirit. When a therapist from England used essential oils on her, her life was forever changed. **The aromas gave instant relief to the emotional anxiety and exhaustion, while the oils soothed the physical aches and pains.** This wonderment led to worldwide studies and her life's work. These products were all created through her practice to help herself and others, while her Good Works continues to spread the message.

*"The Good Medicine Tin® started with classes around my kitchen table in a plastic baggie with paper towels and hand-written notes. Now this easy self-care kit is here for you in an attractive tin with my 12 page Guide Booklet. **May the message and medicine of essential oils enrich your health, work and life.**"*

Candace Newman, MAT, LMT



Candace Newman LMT, *The Oil Lady®*, is founder of Oil Lady Aromatherapy®, Touch With Oils®, and The Good Medicine Tin®. She has trained hundreds of nurses, volunteers, caregivers & friends in her **Touch With Oils® Hand Massage**, available on DVD.

She holds a Masters Degree in Teaching and is a Licensed Massage Therapist. Her Aromatherapy training includes Purdue University, and leading Aromatherapists in England (the late Micheline Arcier), France, Germany and Canada. Candace is one of the contributing authors of The World Of Aromatherapy. She has written many articles for national and international publications, produced two DVD's, and appeared on TV and radio. **Oil Lady Aromatherapy® LLC** is owned by Candace and her husband, John. Her educational newsletter is free and her Aromatherapy Guides are available on their website. Candace is an educational provider for National Certification Board for Therapeutic Massage & Bodywork. See our website for her training, consults & classes.

All our products are for external use only. Keep away from eyes and children. Less can be more.

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Established 1992
2012 Celebrating 20 years



Our Signature Formula

for over 18 years
Rejuvenate the Skin, Calm the Mind
& Soothe the Spirit

Our Vision

Our mission is to improve the quality of life by enhancing the human understanding of our self, each other, and the earth.

Our way to encourage this reverence for life in all things is to bring the benefits of our essential oils and education into people's lives around the world.

www.OilLadyAromatherapy.com



Consultations with Candace:

For one-on-one guidance to receive your own unique Aromatherapy plan for you physical & emotional goals, or for personal education.

A specific program for blends & essential oils is created to help you realize your dreams. This is your time to understand the oils and explore which ones are right for you at this time in your life.

Phone & email consultations available. Consultation Form to fill out is on the website or contact us for one.

Smell is an olfactory language that is innate and essentially unconscious. Gabrielle Dorland

The Good Medicine Tin®



The Oil Lady's Original Care Tin

Complex Aromatherapy distilled down to a simple system for the therapeutic use of pure essential oils. Preventive medicine daily!
Contains: 4 ml each of pure Lavender, Tea Tree, Peppermint, Eucalyptus and Orange; 1 oz Lavender Mist; 1/3 oz Organic Golden Jojoba; and 12 page Guide Booklet. Quick Use Guide in lid. Use lid as tray on your dresser or desk. Travel with one!



OLA Four Body & Face Massage Blend Sampler

Contains: one each of the massage blends (see back cover of brochure for descriptions) in 1 oz amber plastic bottles with pump tops and a color Guide Chart in zipper pouch. Perfect for travel and gifts.

Use: apply the blend of your choice to nose, temples, back of neck at anytime for a shift & lift. Use for massage, bath & after shower oils. These are our proprietary pure essential oil formulas in Organic Golden Jojoba for all skin types. Go to sleep with the *Balancer* and awaken with the *Stimulator*.

Smell is a potent wizard that transports us across thousands of miles and all the years we have lived.
Helen Keller

Aroma is a language of thought, memory and emotion.

OLA Mists - Wash away the stress & enjoy!



Genuine pure essential oils blended in our aloe-water based proprietary formula.

Lavender, from the Latin word Lavare means "to wash".

Lavender Mist: to wash and clear the skin & emotions; to comfort & relieve stress.

Lavender is known as the #1 Balancer of essential oils for the central nervous system. The aroma of peace.

Lavender-Peppermint Mist: to energize, refresh and clear the foggy mind; to uplift the spirit; to aid digestion, nausea or headaches. Enjoy the menthol lift!

The Art of Misting: Circle head and face with big clouds of mist. Closely "zap" back of neck. Close eyes, breathe deeply & rest. *Be still & know.*

OLA Self Care Blends - Giving Care



Genuine pure essential oils blended in Organic Golden Jojoba.

Soothe tired bodies, calm anxious emotions, and comfort a scattered mind.

Ear/Nose/Throat Oil: Lavender, Tea Tree, Thyme, Ravintsara, Blue Chamomile & Clove. Put 2-3 drops on a cotton ball piece & keep in ear for respiratory issues & a restful night's sleep. Use for temple, neck and chest rubs. In **Healthy Travel Set**.

Scar & Bruise Oil: Lavender, Helichrysum, Rose otto & Myrrh with vitamin E. Gently massage scars or bruises. Use also for sensitive or damaged skin. The aromas ten to soothe the emotional state & lift the spirits, while caring for the skin.

Natural Tranquilizer: Lavender, Orange, Roman Chamomile, Vetiver and Valerian. Use for belly rubs & massage oil for a good night's sleep. Apply to nose, temples & back of neck anytime for natural tranquility! In **Sweet Sleep Set**.

Gentle Rub: Lavender, Tangerine, Blue Chamomile. OLA's gentlest blend to soothe and comfort when soft aromas and light

Smell modifies behavior. It is a powerful trigger for memory and can be used for healing.

Deepak Chopra, M.D.

OLA Healing Gels - Soothe & restore



Genuine pure essential oils in our Organic Golden Jojoba & aloe proprietary gel based formula.

Combine any of our OLA Gels in your palm with a few extra drops of Organic Jojoba for added silkiness.

Rejuvenation Face Gel:

Sandalwood, Patchouli, Frankincense, Geranium, Rose otto in base gel. For over 18 years, our most popular product. Use to revitalize & nourish skin morning & night. Wonderful to use with Lavender Mist for extra toning and nurturing.

Egyptians used oils for their sweet scents to the brain and to rejuvenate the skin.

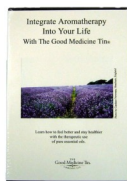
Skin Calm Gel: Lavender, Blue Chamomile, Yarrow, Rose otto in base gel. Cool comfort! Use for red, irritated, dry or inflamed skin. Good for sensitive, delicate, sunburned or damaged skin. Great with Lavender Mist to cool & calm.

Tea Tree Plus Gel: Tea Tree, Lavender, Lemon, Geranium, Myrrh in base gel. Use for acne, oily skin, rashes and bites, itches, nail health, and hand & foot care. Lots of uses!

Deep Rub Gel: Peppermint, Rosemary, Camphor, Oregano & Wintergreen in base gel. Good for sore muscles and stiff necks. Add some Organic Golden Jojoba in the palm of your hand with a dab of Deep Rub Gel to use as a soothing massage blend.

Healthy Hands Gel: Tea Tree, Lavender, Lemon, Geranium, Myrrh, Blue Chamomile in base gel & vitamin E. Use for chapped, dry, cracked irritated skin. Good for nails too. Follow the treatment with Organic Golden Jojoba.

Candace's Classes on DVD



Integrate Aromatherapy into Your Life: Everyone using essential oils will enjoy learning how to feel better & stay healthier, what pure essential oils are, why they work and how to use them. What you need to know to use essential oils properly. (40 min.)



Touch With Oils Hand Massage: Experience this gentle rhythmic hand massage founded by Candace & feel the synergistic powers of touch & smell. Give the body & mind a deep rest with this universal language of love & compassion. (22 min.)